



**PLAN DESIGN & BENEFITS**  
**MEDICAL PLAN PROVIDED BY AETNA LIFE INSURANCE COMPANY**

<b>PLAN FEATURES</b>	<b>IN-NETWORK DESIGNATED PROVIDERS</b>
<b>Benefit limitations</b> - Some service or supplies have limits on them per year. There might be a maximum number of visits or days, or a dollar limit per year. In such cases, the benefit year begins on January 1 (unless otherwise noted). Refer to your plan documents to learn more.	
<b>Deductible</b> (per calendar year)	\$3,000 per Individual \$6,000 per Family
You must first meet the deductible before the plan begins paying benefits, unless otherwise noted. The amount you pay (cost sharing) for some medical services does not count toward your deductible. Prescription drug costs do not count toward the deductible. Refer to your plan documents for details. Your family will have one deductible. You will meet it when the expenses of several family members add up to the family deductible. No one person will have to pay more than the individual deductible.	
<b>Member coinsurance</b>	Covered 100%
Applies to all expenses except as noted.	
<b>Out-of-pocket limit</b> (per calendar year)	\$3,000 per Individual \$6,000 per Family
Your pharmacy expenses count toward your out-of-pocket limit. In-network expenses include coinsurance/copays and deductibles. Your family will have one out-of-pocket limit. You will meet it when the expenses of several family members add up to the family out-of-pocket limit. No one person will have to pay more than the individual out-of-pocket limit amount.	
<b>Lifetime maximum</b>	Unlimited except where otherwise indicated.
<b>Primary care physician selection</b>	Encouraged
<b>Referral requirement</b>	Not required
<b>Telehealth consultations</b> - You can access covered services for telehealth visits from different kinds of providers in your network. Log on to <b>Aetna.com</b> to see a list of telehealth providers. You'll also find more about your options, including cost share amounts.	
<b>Virtual care consultations</b> - You can access covered services for virtual care visits from different kinds of providers in your network. Log on to <b>Aetna.com</b> to see a list of virtual care providers. You'll also find more about your options, including cost share amounts.	
<b>Network Designations</b> - In order to be covered at the preferred in-network benefit level you must use a designated provider for care. If you receive care from a non-designated provider your care may be paid at the out-of-network benefit level or may not be covered at all.	
<b>CVS VIRTUAL CARE</b>	<b>IN-NETWORK</b>
<b>CVS Health Virtual Primary Care (VPC) - preventive care consultations</b>	Covered 100%; no deductible
Includes screening and counseling services through CVS Health Virtual Primary Care for members age 18 and older; refer to Aetna.com for more information.	
<b>CVS Health Virtual Primary Care (VPC) - consultations</b>	Covered 100%; no deductible
Includes basic medical service consultations through CVS Health Virtual Primary Care for members age 18 and older; refer to Aetna.com for additional information.	
<b>CVS Health Virtual Care (VC) - general medicine</b>	Covered 100%; no deductible
<b>CVS Health Virtual Care (VC) - mental health</b>	Covered 100%; no deductible



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<b>PREVENTIVE CARE</b>	<b>IN-NETWORK DESIGNATED PROVIDERS</b>
<b>Routine adult physical exams/ immunizations</b> 1 exam every 12 months until age 65, then 1 exam every 12 months age 65 and older	Covered 100%; no deductible
<b>Routine well child exams</b> • 7 exams in the first 12 months • 3 exams from age 13 months to 24 months • 3 exams from age 25 months to 36 months • 1 exam every 12 months thereafter until age 22	Covered 100%; no deductible
<b>Childhood immunizations</b> Child to age 5	Covered 100%; no deductible
<b>Routine gynecological care exams</b> 1 exam and pap smear per year, includes related fees.	Covered 100%; no deductible
<b>Routine mammogram</b> Recommended: One per year for members age 40 and over	Covered 100%; no deductible
<b>Women's health</b> Includes: Screening for gestational diabetes, HPV (Human- Papillomavirus) DNA testing, counseling for sexually transmitted infections, counseling and screening for human immunodeficiency virus, screening and counseling for interpersonal and domestic violence, breastfeeding support, supplies and counseling.	Covered 100%; no deductible
<b>Pre-natal maternity</b>	Covered 100%; no deductible
<b>Routine digital rectal exam</b> Recommended: For members age 40 and over	Covered 100%; no deductible
<b>Prostate-specific antigen test</b> Recommended: For members age 40 and over	Covered 100%; no deductible
<b>Colorectal cancer screening</b> Recommended: For members age 45 and over	Covered 100%; no deductible
<b>Routine eye exams</b>	Not Covered
<b>Routine hearing screening</b>	Covered 100%; no deductible
<b>Newborn hearing screening</b> Includes screening and hearing aids for each impaired ear for children under 1 year of age.	Payable same as any other covered expense
<b>PHYSICIAN SERVICES</b>	<b>IN-NETWORK DESIGNATED PROVIDERS</b>
<b>Office visits to primary care physician (PCP)</b> Includes services of an internist, general physician, family practitioner or pediatrician.	Covered 100%; no deductible
<b>Telehealth consultation with non-specialist</b>	Covered 100%; no deductible
<b>Specialist office visits</b>	Covered 100%; no deductible
<b>Telehealth consultation with specialist</b>	Covered 100%; no deductible
<b>Hearing exams</b>	Not Covered
<b>Walk-in clinics</b>	Covered 100%; no deductible
	<b>Designated Walk-in clinics</b> Covered 100%; no deductible

Walk-in clinics are free-standing health care facilities. Sometimes they may be within a pharmacy, drug store, supermarket, or other retail store. They offer some limited medical care and services.

Not walk-in clinics: Urgent care centers, emergency rooms, the outpatient department of a hospital, ambulatory surgical centers, and physician offices.



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<b>Allergy testing</b>	Your cost sharing amount depends on the type of service and where you receive it.
<b>Allergy injections</b>	Your cost sharing amount depends on the type of service and where you receive it. Covered 100% when an office visit charge is not applicable.
<b>DIAGNOSTIC PROCEDURES</b>	<b>IN-NETWORK DESIGNATED PROVIDERS</b>
<b>Diagnostic X-ray</b> (Other than complex imaging services)	Covered 100%; after deductible When your physician performs and bills for this service at their office, you pay your office visit cost share amount.
<b>Diagnostic laboratory</b>	Covered 100%; after deductible When your physician performs and bills for this service at their office, you pay your office visit cost share amount.
<b>Diagnostic complex imaging</b>	Covered 100%; after deductible When your physician performs and bills for this service at their office, you pay your office visit cost share amount.
<b>EMERGENCY MEDICAL CARE</b>	<b>IN-NETWORK DESIGNATED PROVIDERS</b>
<b>Urgent care provider</b>	Covered 100%; no deductible
<b>Non-urgent use of urgent care provider</b>	Not Covered
<b>Emergency room</b>	Covered 100%; no deductible
<b>Non-emergency care in an emergency room</b>	Not Covered
<b>Emergency use of ambulance</b>	Covered 100%; no deductible
<b>Non-emergency use of ambulance</b>	Not Covered
<b>HOSPITAL CARE</b>	<b>IN-NETWORK DESIGNATED PROVIDERS</b>
<b>Inpatient coverage</b>	Covered 100%; after deductible When you're admitted into a hospital for the care you need, your cost sharing amount counts toward all covered benefits you receive.
<b>Inpatient maternity coverage</b> (includes delivery and postpartum care)	Covered 100%; after deductible When you're admitted into a hospital for the care you need, your cost sharing amount counts toward all covered benefits you receive.
<b>Outpatient hospital</b>	Covered 100%; after deductible When you receive outpatient care at a hospital but don't stay overnight, your cost sharing amount counts toward all covered benefits during your visit.
<b>Outpatient surgery - hospital</b>	Covered 100%; after deductible When you receive outpatient care at a hospital but don't stay overnight, your cost sharing amount counts toward all covered benefits during your visit.
<b>Outpatient surgery - freestanding facility</b>	Covered 100%; after deductible When you receive outpatient care at a hospital but don't stay overnight, your cost sharing amount counts toward all covered benefits during your visit.
<b>MENTAL HEALTH SERVICES</b>	<b>IN-NETWORK DESIGNATED PROVIDERS</b>
<b>Inpatient</b>	Covered 100%; after deductible When you're admitted into a hospital for the care you need, your cost sharing amount counts toward all covered benefits you receive.
<b>Mental health office visits</b>	Covered 100%; no deductible
<b>Mental health telehealth consultations</b>	Covered 100%; no deductible
<b>Other mental health services</b>	Covered 100%; after deductible When you receive outpatient care at a facility but don't stay overnight, your cost sharing amount counts toward all covered benefits during your visit.



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<b>SUBSTANCE ABUSE</b>	<b>IN-NETWORK DESIGNATED PROVIDERS</b>
<b>Inpatient</b> When you're admitted into a hospital for the care you need, your cost sharing amount counts toward all covered benefits you receive.	Covered 100%; after deductible
<b>Residential treatment facility</b> When you're admitted into a facility for the care you need, your cost sharing amount counts toward all covered benefits you receive.	Covered 100%; after deductible
<b>Substance abuse office visits</b>	Covered 100%; no deductible
<b>Substance abuse telehealth consultations</b>	Covered 100%; no deductible
<b>Other substance abuse services</b> When you receive outpatient care at a facility but don't stay overnight, your cost sharing amount counts toward all covered benefits during your visit.	Covered 100%; after deductible
<b>THERAPY SERVICES</b>	<b>IN-NETWORK DESIGNATED PROVIDERS</b>
<b>Chiropractic care</b>	\$20 copay; no deductible
<b>Outpatient rehabilitative physical and occupational therapy</b> Limited to 20 visits per year	Covered 100%; no deductible
<b>Outpatient rehabilitative speech therapy</b>	Covered 100%; no deductible
<b>Habilitative physical therapy</b>	Covered 100%; no deductible
<b>Habilitative occupational therapy</b>	Covered 100%; no deductible
<b>Habilitative speech therapy</b>	Covered 100%; no deductible
<b>Autism related physical therapy</b>	Covered 100%; no deductible
<b>Autism related occupational therapy</b>	Covered 100%; no deductible
<b>Autism related speech therapy</b>	Covered 100%; no deductible
<b>Autism related behavioral therapy</b> These benefits are combined with outpatient mental health visits	Covered 100%; no deductible
<b>Autism related applied behavior analysis</b> Your benefits for these services are the same as any other outpatient mental health other services benefit	Covered 100%; after deductible
<b>OTHER SERVICES</b>	<b>IN-NETWORK DESIGNATED PROVIDERS</b>
<b>Skilled nursing facility</b> Limited to 60 days per year When you're admitted into a facility for the care you need, your cost sharing amount counts toward all covered benefits you receive.	Covered 100%; after deductible
<b>Home health care</b> Limited to 60 visits per year Home health care services include private duty nursing Limited to three visits per day by staff from a home health care agency. One visit equals a period of four hours or less.	Covered 100%; after deductible
<b>Hospice care - inpatient</b> When you're admitted into a facility for the care you need, your cost sharing amount counts toward all covered benefits you receive.	Covered 100%; after deductible
<b>Hospice care - outpatient</b> When you receive outpatient care at a facility but don't stay overnight, your cost sharing amount counts toward all covered benefits during your visit.	Covered 100%; after deductible
<b>Private duty nursing</b> We count each period of up to 8 hours as one private duty nursing shift.	Covered as part of home health care



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<b>Durable medical equipment</b>	Covered 100%; after deductible
<b>Diabetic supplies</b>	
• If not covered under the prescription drug benefit	You pay your PCP visit cost sharing amount
• If covered under the prescription drug benefit	You pay your applicable prescription drug cost sharing amount
<b>Infusion therapy - home/office</b>	Covered 100%; no deductible
<b>Infusion therapy - outpatient hospital/freestanding facility</b>	Covered 100%; after deductible
<b>Gene-based, Cellular, and other Innovative Therapies (GCIT™)</b>	Your cost sharing amount depends on the type of service and where you receive it. \$50 copay: after deductible for gene therapy drugs, if applicable In-network coverage is provided at GCIT™ designated facilities only.
<b>Hearing aids</b> 1 hearing aid per ear every 4 years to age 18	Covered 100%; after deductible
<b>Transplants</b>	Covered 100%; after deductible In-network coverage is only available at Institutes of Excellence (IOE) contracted facility.
<b>Bariatric surgery</b>	Not Covered
<b>Acupuncture</b> Limited to 10 visits per year	Covered 100%; no deductible
<b>FAMILY PLANNING</b>	<b>IN-NETWORK DESIGNATED PROVIDERS</b>
<b>Basic Infertility</b>	Your cost sharing amount depends on the type of service and where you receive it.
Not covered for Artificial Insemination	
<b>Advanced Reproductive Technology (ART)</b>	Not Covered
<b>Fertility preservation</b>	Not Covered
<b>Vasectomy</b>	Not Covered
<b>Tubal ligation</b>	Not Covered



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PHARMACY	IN-NETWORK	
<b>Pharmacy plan type</b>	Advanced Control Plan - Aetna	
<b>Prescription drug out-of-pocket limit</b>	Prescription drug expenses apply to your medical out-of-pocket limit.	
<b>Preferred generic drugs</b>		
	<b>Retail</b>	\$15 copay
	<b>Mail order</b>	\$15 copay
<b>Preferred brand-name drugs</b>		
	<b>Retail</b>	\$50 copay
	<b>Mail order</b>	\$50 copay
<b>Non-preferred generic and brand-name drugs</b>		
	<b>Retail</b>	\$95 copay
	<b>Mail order</b>	\$95 copay
<b>Pharmacy day supply and requirements</b>		
	<b>Retail</b>	You can get up to a 34-day supply from Aetna National Network
<b>Mandatory maintenance choice</b>		Maintenance drugs are prescriptions commonly used to treat conditions that require regular, daily use of medicines. If you take a maintenance drug, you can get two retail fills. Then you must fill a 102-day supply of the maintenance drug at CVS Caremark® Mail Service Pharmacy, a designated network pharmacy, or a CVS Pharmacy®. If you do not, you will need to pay 100% of the drug cost.
	<b>Opt Out</b>	You must notify us if you want to continue to fill the medicine at a network retail pharmacy. Just call the number on the member ID card.
	<b>Specialty</b>	You can get up to a 30-day supply of specialty drugs You must fill all specialty drugs through our preferred specialty pharmacy network. Advanced Control Formulary Aetna Insured List

**Your prescription drug plan also includes:**

- Diabetic supplies
- \$25 copay maximum per fill per 30 day supply for formulary insulin drugs
- A limited list of over-the-counter medications when filled with a prescription

**The following are covered 100% in-network:**

- Oral chemotherapy drugs
- Seasonal vaccinations
- Preventive vaccinations
- Affordable Care Act (ACA) eligible preventive medications

Refer to **Aetna.com** for a complete list of eligible prescription drugs.

**Precertification requirements**

Some covered prescription drugs need approval from us before we will cover the drug. If you are currently taking one of these drugs when you switch to this plan, you may get one fill of your prescription within the first 90 days of starting the plan.

Some covered prescription drugs require step therapy before we cover them. With step therapy, you must first try one or more drugs before we will pay for drugs that require step therapy. If you are currently taking one of these drugs when you switch to this plan, you may get one fill of your prescription within the first 90 days of starting this plan.

To get the most up-to-date precertification requirements and a list of drugs that require step therapy, see your plan documents or go online to your member website.



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**Choose generics** - Sometimes you or your provider may ask for a brand-name prescription drug when a generic is available. If so, you will pay the brand-name copay plus the difference between the generic price and the brand-name price.

**GENERAL PROVISIONS**

**Dependents who are eligible to be on your plan** Spouse, children from birth to age 26. Student status of children does not matter.

Plans are provided by: Aetna Health Inc. While this material is believed to be accurate as of the production date, it is subject to change.

Health benefits and health insurance plans contain exclusions and limitations. Not all health services are covered.

See plan documents for a complete description of benefits, exclusions, limitations and conditions of coverage. Plan features and availability may vary by location and are subject to change. Providers are independent contractors and are not our agents. Provider participation may change without notice. We do not provide care or guarantee access to health services.

The following is a list of services and supplies that are *generally* not covered. However, your plan documents may contain exceptions to this list based on state mandates or the plan design or rider(s) purchased by your employer.

- All medical and hospital services not specifically covered in, or which are limited or excluded by your plan documents.
- Cosmetic surgery, including breast reduction.
- Custodial care.
- Dental care and dental X-rays.
- Donor egg retrieval
- Experimental and investigational procedures, except for coverage for medically necessary routine patient care costs for members participating in a cancer clinical trial.
- Hearing aids
- Home births
- Immunizations for travel or work, except where medically necessary or indicated.
- Implantable drugs and certain injectable drugs including injectable infertility drugs.
- Infertility services, including artificial insemination and advanced reproductive technologies such as IVF, ZIFT, GIFT, ICSI and other related services, unless specifically listed as covered in your plan documents.
- Long-term rehabilitation therapy.
- Non-medically necessary services or supplies.
- Outpatient prescription drugs (except for treatment of diabetes), unless covered by a prescription plan rider and over-the-counter medications (except as provided in a hospital) and supplies.
- Radial keratotomy or related procedures.
- Reversal of sterilization.
- Services for the treatment of sexual dysfunction/enhancement, including therapy, supplies or counseling or prescription drugs.
- Special duty nursing.
- Therapy or rehabilitation other than those listed as covered.
- Weight control services including surgical procedures, medical treatments, weight control/loss programs, dietary regimens and supplements, appetite suppressants and other medications; food or food supplements, exercise programs, exercise or other equipment; and other services and supplies that are primarily intended to control weight or treat obesity, including Morbid Obesity, or for the purpose of weight reduction, regardless of the existence of comorbid conditions.

In case of emergency, call 911 or your local emergency hotline, or go directly to an emergency care facility.



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Translation of this material into another language may be available. Please call Member Services at the number on the back of your ID card.

Puede estar disponible la traducción de este material en otro idioma. Por favor llame a Servicios al Miembro al **1-888-982-3862**.

Plan features and availability may vary by location and group size.

For more information about Aetna plans, refer to **www.aetna.com**.  
Aetna and MinuteClinic, LLC (which either operates or provides certain management support services to MinuteClinic-branded walk-in clinics) are both within the CVS Health family.

**\*\*\*This plan document provides you with an overview of some of your benefits and your cost share obligations. This information is for illustrative purposes ONLY. This document is not an official document and may differ from your Certificate of Coverage (COC), which is your official document. Refer to your COC for your coverage and services and any obligations on your part.**

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